



## Fall 2016

Autumn has arrived and the animals are enjoying the pleasantly cool weather. We welcomed several new animals to our Safe Haven family over the past few months. Here are their stories.



### Belle

We recently welcomed a sweet baby hen to our farm family. She was born with a condition called scissor beak in which the top and bottom beaks are not aligned properly. In Belle's case, the deformity is so great that she can't eat anything or drink on her own. We have had to feed her ground up layer pellets in water using a syringe and tube 4 times a day.

She came at just a few weeks of age weighing 3 ounces but now weighs about 4 pounds and is fully grown. So it is time for her to have surgery to try to repair her beak so she can eat on her own and enjoy life as the beautiful chicken she is. Despite her deformity, she is a spunky, inquisitive, energetic hen, and everyone is pulling for her.



### Penny

We don't know how old Penny is, but we are fairly sure she narrowly escaped being someone's dinner out on Long Island where she was spotted walking down a sidewalk. Luckily for Penny, the person who noticed her is a dedicated animal lover. He rushed over and scooped her up and took her home until he could find a sanctuary.

We were thrilled to be able to offer Penny a life long home where she can explore the pasture and sunbathe with her friends and never have to worry about traffic or anything else again. Within a few days of her arrival we were constantly being surprised to find her exploring all over the farm. Her enthusiasm for life is boundless and very contagious.



### Silkie Chicks

Schools often purchase fertilized eggs so that students can watch them hatch. The schools often give little thought to what to do with the baby chicks afterwards. If they are returned to the hatchery they are killed. An animal rescuer brought us 6 such chicks. Five of them were little Silkie chicks, and one was a handsome white rooster with a red comb. All made themselves right at home at Safe Haven. Their lives have been saved.

The Silkie is a breed of chicken named for its fluffy plumage, which is said to feel like silk. The breed has several other unusual qualities, such as black skin, blue earlobes and five toes on each foot! The Silkie pictured here is named Cagney.



### Calvin and Chloe

Six-day-old baby turkeys arrived in a box – source unknown. Although it was early summer, we kept them indoors under a heat lamp to keep them warm until they were a few weeks old and had grown some beautiful white feathers. Even though we did not know where they came from, white feathers and other signs suggest that they were born on a factory farm, destined to live their short lives crowded in a dark shed with thousands of other birds.

Now a few months old, our sweet babies have taken up residence in a huge barn and forage and take dust baths outside every day. They will live out their lives in peace and enjoy being turkeys as they were meant to be.

## Exposing Animal Abuse:

### The Truth About the transportation and Slaughter of Turkeys

PETA recently reported

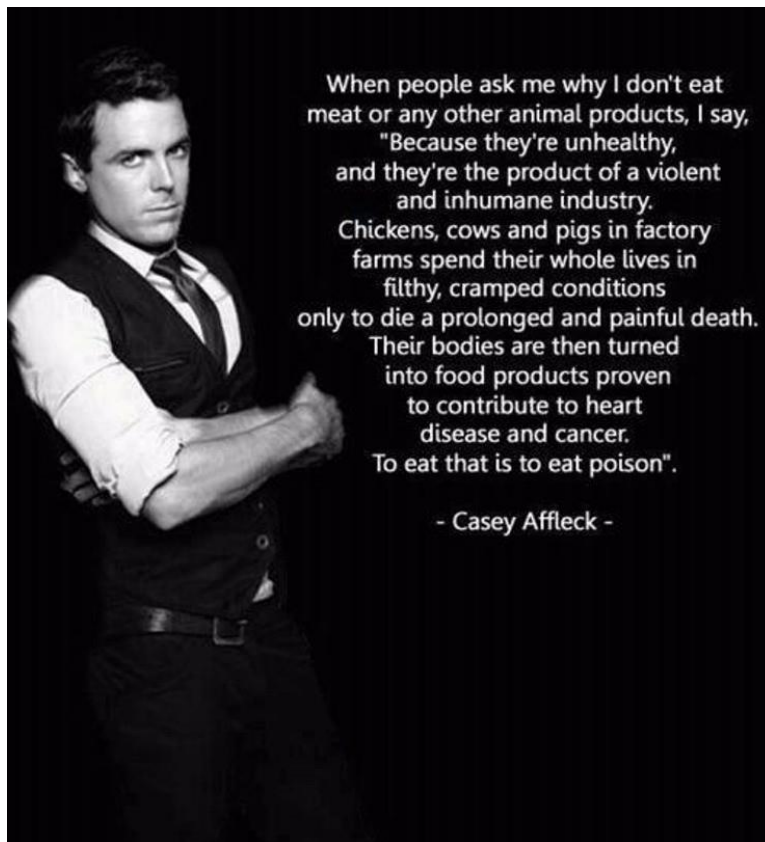
(<http://www.peta.org/issues/animals-used-forfood/factory-farming/turkeys/turkey-transport-slaughter/>) that close to 2,000 turkeys can be loaded onto a single truck headed for the slaughterhouse. The turkeys are collected by workers who grab them by their legs and throw them into large crates. Many birds suffer broken bones in the process.

The crates are then loaded onto trucks, and the birds are shipped through all weather conditions without food or water to the slaughterhouse. Millions of turkeys die every year as a result of heat exhaustion, freezing, or accidents during transport.

At the slaughterhouse, turkeys are hung upside-down by their weak and crippled legs before their heads are dragged through an electrified "stunning tank," which immobilizes them but does not kill them. Many of the terrified birds dodge the tank and, therefore, are completely conscious when their throats are slit. If the knife fails to properly slit the birds' throats, they are scalded alive in the tank of hot water used for feather removal.

Please consider the transition to a animal-friendly diet today and spread awareness of the abuse of farm animals.

## Vegan Celebrity Spotlight





Featured Fall Recipe:  
Perfect for the upcoming Thanksgiving holiday!  
Roasted Butternut Squash Salad With Tangerine-Rosemary Vinaigrette  
(Acquired from Food Network website.)



#### Ingredients

1 1/2 pounds butternut squash, peeled, seeded and cut into 1-inch cubes (about 4 cups)  
4 tablespoons extra-virgin olive oil  
3 teaspoons roughly chopped fresh rosemary  
Salt and freshly ground pepper  
4 tangerines  
6 cups fresh spinach, loosely packed  
1/4 cup dried cranberries

#### Directions

Preheat the oven to 400 degrees F.

Toss the squash with 2 tablespoons olive oil on a baking sheet and spread in an even layer. Season with 2 teaspoons rosemary, and salt and pepper. Roast, stirring once halfway through, until the squash is just tender and golden, about 20 minutes.

Remove from the oven and cool until just warm, about 15 minutes.

While the squash is roasting, peel 3 tangerines and slice them crosswise into 1/2-inch-thick rounds, removing any seeds. Juice the remaining tangerine and whisk the juice together with the remaining 2 tablespoons olive oil and remaining 1 teaspoon rosemary. Season the dressing with salt and pepper.

Combine the warm squash, the spinach, tangerine slices and cranberries with the dressing and toss gently to coat.

## Upcoming Event: Thanksgiving Celebration for the Turkeys



Saturday, November 19 12 p.m. - 2 p.m.  
542 Gardner Hollow Road, Poughquag, NY  
Celebrate compassion this Thanksgiving!  
Join us as we honor our precious turkeys with their own feast.  
Complimentary vegan refreshments will be provided.

Got Love for Animals?

Consider Sponsorship!

If you would like to help support one of our precious animals, or give a unique gift to an animal lover, consider sponsoring one of our farm family members. It's easy! Use the link below to go to our Sponsorship page.

<http://www.safehavenfarmsanctuary.org/support-us/sponsor-a-safe-haven-animal/>

Donate

Help us help animals. Our farm sanctuary is home to nearly 90 rescued animals. Use the link below to go to our Donation page and help us provide the best possible care for our farm family. We appreciate your support.

<http://www.safehavenfarmsanctuary.org/support-us/donate/>

Volunteer

We are always looking for volunteers to help with cleaning, socializing the animals, outreach, and various other projects going on around the farm. If you are interested in helping out, please call 845-724-5138 or email us at [farmanimals.crain@gmail.com](mailto:farmanimals.crain@gmail.com) to set up a time.